



— SYDNEY —
**COSMETIC
SANCTUARY**
Plastic Surgery - Dentistry - Medispa

EVERYTHING YOU NEED TO KNOW ABOUT BODY LIFTS

WHAT IS A BODY LIFT?

Lower Body Lift surgery is a combination of skin reduction procedures that tighten and sculpt the buttocks, back of the thighs, outer thighs, inner thighs, hips and abdomen. It can repair over-stretched abdominal muscles and reduce loose skin along the thighs and buttocks to significantly improve areas that have redundant, sagging skin.

- The obvious, physical benefit of body contouring/skin reduction procedures is a firmer, lifted and more youthful looking body appearance. For those who have lost a significant amount of weight, being left with excess, hanging skin can be an unexpected and unwanted result.
- Body contouring procedures can help to removed unwanted, excess skin that can not only have a negative effect on your confidence, but can cause difficulty when it comes to performing physical activity, as well as discomfort caused by skin irritations.
- Body contouring procedures can help to restore a firmer, more sculpted body contour, helping patients to regain a more attractive bodily appearance after significant weight loss as a result of bariatric surgery, pregnancy or lifestyle & diet changes.
- Sagging, excess skin can have a negative impact on your body image & selfconfidence.
- Body contouring surgery can help to restore your confidence if you have previously been self-conscious about the appearance of excess skin on your body after weight loss or pregnancy.
- Many people who hold concerns about their excess, sagging skin may resort to wearing clothes that hide or distort their figure. Body contouring surgery can help to restore a more toned physique, therefore providing you with the confidence to wear clothes, such as those with lower neck lines, or more fitted clothing.
- This can be freeing for those who have always felt self- conscious wearing figure hugging clothing, lingerie or swimwear in the past.
- Excess skin can restrict your movements or hamper your ability to perform daily physical activities or exercises.
- The removal of excess skin not only has many obvious physical and psychological benefits, but it can also help you to exercise and move around more freely. Being able to participate in physical activity without excess skin effecting your movement may also help to keep excess weight off and maintain your surgical results.



Lift Stomach

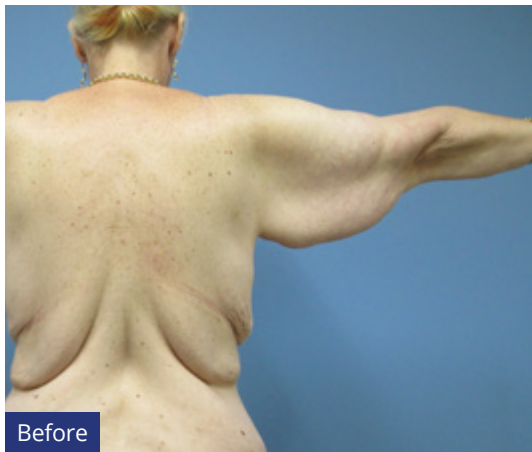
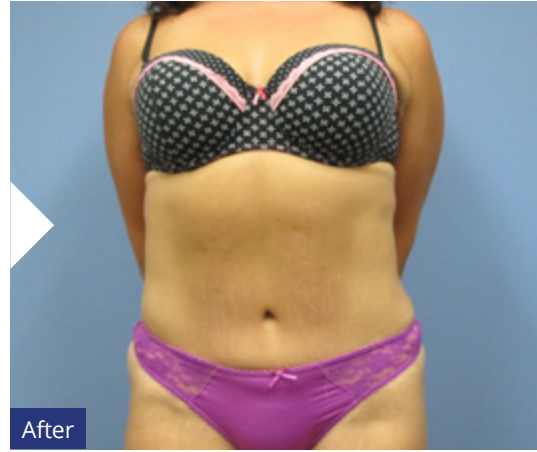


Decrease Overall size



Remove love handles

ACTUAL RESULTS FROM DR ROHIT KUMAR



WHAT ARE MY NEXT STEPS?



IF I AM INTERESTED, WHAT NOW?

Come in for a consultation with highly qualified and experienced body lift surgeon, Dr Rohit Kumar.

BODY LIFT CONSULTATIONS

Every surgical procedure is considered important to Dr Rohit Kumar, and patient satisfaction is the top priority. Consultations are relaxed and informative situations designed to provide a full understanding of your surgical goals and expected outcomes.

A consultation with Dr Rohit Kumar will offer insights and surgical options that best suit your individual features. It's natural to feel a little stressed and excited about your surgery, but Dr Rohit Kumar will put your mind at ease.

CALL US ON **1300 26 77 26**



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